



NURSE SUPPORT GROUP LIST

The role of Nurse Support Group is to:

- Share experience and provide strength, hope and support in addressing issues related to the process of recovery from substance use disorder and/or mental illness.
- Provide support regarding professional issues, including re-entry into the workplace.

| COUNTY | CITY | DAY | TIME | PHONE | FACILITATOR <i>Co-facilitator(s)</i> |
|--|---------------|-----|---------|------------------------------|---|
| Alameda | Oakland | Wed | 5:30 PM | 510-366-4170 | Mary Shirk <i>Cheri Giles</i> |
| Contra Costa | Concord | Tue | 7:00 PM | 925-787-5618 | Bill Koch <i>Sean Duffy</i> |
| Del Norte* | Crescent City | Wed | 6:30 PM | 707-954-1177 707-464-4813 | Dan Cumbra <i>Judy Ramsey</i> |
| Fresno | Fresno | Tue | 6:30 PM | 559-901-0840 | Ruben Rojas |
| Fresno | Fresno | Sun | 5:00 PM | 559-901-0840 | Ruben Rojas |
| Fresno | Fresno | Sun | 6:00 PM | 559-901-0840 | Ruben Rojas |
| Humboldt | Eureka | Tue | 7:15 PM | 707-832-8857 707-444-3166 | Eric Nelson |
| Kern | Bakersfield | Mon | 2:00 PM | 661-333-0831 | Beatrice Myers |
| Kern | Bakersfield | Mon | 6:00 PM | 661-333-0831 | Beatrice Myers |
| Los Angeles <i>(Glendale)</i> | La Crescenta | Tue | 4:45 PM | 818-613-6892 818-676-4161 | Yolanda Tominac |
| Los Angeles <i>(Glendale)</i> | La Crescenta | Tue | 6:00 PM | 818-613-6892 818-676-4161 | Yolanda Tominac |
| Los Angeles <i>(Long Beach)</i> | Long Beach | Tue | 6:30 PM | 310-346-7538 | Susan Smith |
| Los Angeles <i>(Long Beach)</i> | Long Beach | Wed | 6:30 PM | 562-472-4398 | Linda Radke-Smith |
| Los Angeles <i>(Long Beach)</i> | Long Beach | Wed | 7:30 PM | 562-472-4398 | Linda Radke-Smith |
| Los Angeles <i>(Westside)</i> | Westchester | Thu | 6:00 PM | 818-237-7052 | Arsho Salazar |
| Los Angeles <i>(San Fernando Valley)</i> | Van Nuys | Thu | 6:00 PM | 818-786-6632 | Shawna Greene |
| Los Angeles <i>(San Fernando Valley)</i> | Van Nuys | Thu | 7:00 PM | 818-786-6632 | Shawna Greene |
| Marin | Novato | Mon | 6:00 PM | 707-953-5868 707-643-0831 | Cathy Horowitz <i>Donna Di Giorgio</i> |
| Orange | Garden Grove | Tue | 5:30 PM | 714-487-8523 | David Baker |
| Orange | Garden Grove | Tue | 6:40 PM | 714-487-8523 | David Baker |

*combined professionals peer support

CALIFORNIA BOARD OF REGISTERED NURSING

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|-----------------|------------------|-----|----------|------------------------------|---|
| Orange | Irvine | Mon | 5:00 PM | 714-487-8523 | David Baker |
| Orange | Irvine | Mon | 6:10 PM | 714-487-8523 | David Baker |
| Placer | Auburn | Fri | 8:00 PM | 209-351-2846 | Camille DePoy |
| Placer | Lincoln | Tue | 5:00 PM | 916-300-0592 | Mary Hegarty |
| Placer | Lincoln | Tue | 6:00 PM | 916-300-0592 | Mary Hegarty |
| Riverside | Palm Springs | Mon | 5:30 PM | 760-219-5640 | Terri Schmidt <i>Peggy Murgo</i> |
| Riverside | Riverside | Sun | 10:30 AM | 951-638-0040 | Anthony Phillips |
| Riverside | Temecula | Thu | 5:00 PM | 714-487-8523 | David Baker |
| Riverside | Temecula | Thu | 6:10 PM | 714-487-8523 | David Baker |
| Sacramento | Elk Grove | Thu | 6:00 PM | 916-501-1907 | Frank Hall |
| Sacramento | Folsom | Wed | 4:30 PM | 916-501-1907 | Frank Hall |
| Sacramento | Folsom | Wed | 5:30 PM | 916-501-1907 | Frank Hall |
| Sacramento | Sacramento | Mon | 6:00 PM | 916-390-7232 | Tracy Folden |
| San Bernardino | Rancho Cucamonga | Tue | 6:00 PM | 951-640-9409 760-249-6294 | Jan Fagerquist |
| San Bernardino | Rancho Cucamonga | Wed | 5:00 PM | 951-640-9409 760-249-6294 | Jan Fagerquist |
| San Bernardino | Rancho Cucamonga | Wed | 6:00 PM | 951-640-9409 760-249-6294 | Jan Fagerquist |
| San Bernardino | San Bernardino | Tue | 5:30 PM | 909-633-3364 | Christine Sutter <i>Michelle McNevin</i> |
| San Diego | La Mesa | Thu | 5:00 PM | 619-972-5476 619-286-6811 | Elaine Bradley <i>Joann Szabo</i> |
| San Diego | La Mesa | Thu | 6:15 PM | 619-972-5476 619-286-6811 | Elaine Bradley <i>Joann Szabo</i> |
| San Diego | San Diego | Tue | 1:00 PM | 619-884-9145 | Sharon Fritz |
| San Diego | San Diego | Tue | 5:00 PM | 619-884-9145 | Sharon Fritz |
| San Diego | San Diego | Wed | 5:00 PM | 619-884-9145 | Sharon Fritz |
| San Francisco | San Francisco | Tue | 5:30 PM | 415-818-3287 | Sean Duffy |
| San Luis Obispo | Pismo Beach | Wed | 5:00 PM | 661-246-7160 | Chris Else |
| Santa Cruz | Aptos | Thu | 6:30 PM | 831-325-4243 831-229-3686 | Norma Childs <i>Ashley Folck</i> |
| Shasta | Shasta Lake City | Wed | 5:30 PM | 530-605-5254 530-243-7787 | Sheila O'Sullivan |
| Solano | Vallejo | Mon | 6:00 PM | 707-953-5868 707-655-7871 | Cathy Horowitz <i>Christiana McCarty</i> |
| Solano | Vallejo | Thu | 6:00 PM | 707-953-5868 707-655-7871 | Cathy Horowitz <i>Christiana McCarty</i> |
| Sonoma | Petaluma | Wed | 9:00 AM | 707-480-0105 | Juli Peterson-Lee |

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|------------|-------------|-----|---------|------------------------------|---|
| Sonoma | Petaluma | Thu | 9:00 AM | 707-480-0105 | Juli Peterson-Lee |
| Stanislaus | Modesto | Tue | 3:00 PM | 209-345-1121 | Debra McDowell <i>Jeanne Krueger</i> |
| Stanislaus | Modesto | Tue | 5:30 PM | 209-345-1121 | Debra McDowell <i>Jeanne Krueger</i> |
| Tulare | Visalia | Mon | 6:00 PM | 559-967-6591 | Lolene Rose |
| Ventura | Ventura | Mon | 7:00 PM | 805-807-6047 | John Lewis <i>Judith McDonald</i> |
| Ventura | Simi Valley | Thu | 8:30 AM | 213-407-9338 805-630-0440 | Camille Silberstern <i>Bette Kackert</i> |