



# When Caregivers Need Help

Registered nurses (RNs) are not immune to substance use disorders (SUDs) or mental illness. An estimated 10 to 20 percent of nurses are chemically dependent.

Job stresses and access to controlled substances make healthcare professionals, including RNs particularly susceptible.

## There is help. There is hope.

The California Board of Registered Nursing offers the Intervention Program. A voluntary, non-disciplinary, confidential, rehabilitation program for RNs afflicted with an SUD or mental illness to help them achieve successful recovery and return to safe nursing practice.

The program provides:  
Encouragement | Guidance |  
Support | Monitoring



For more information:  
[rn.ca.gov/intervention](http://rn.ca.gov/intervention)  
(916) 574-7692



California Board of Registered  
Nursing Intervention Program  
for Registered Nurses

