



## NURSE SUPPORT GROUP LIST

The role of Nurse Support Group is to:

- Share experience and provide strength, hope and support in addressing issues related to the process of recovery from substance use disorder and/or mental illness.
- Provide support regarding professional issues, including re-entry into the workplace.

COUNTY	CITY	DAY	TIME	PHONE	FACILITATOR Co-facilitator(s)
<b>Alameda</b>	Oakland	Wed	5:30 PM	510-366-4170	Mary Shirk
<b>Butte</b>	Chico	Thu	6:00 PM	530-519-3240	Shirley Chambers
<b>Contra Costa</b>	Concord	Tue	6:45 PM	925-685-1913	Bill Koch
<b>Del Norte*</b>	Crescent City	Tue	6:30 PM	707-954-1177	Dan Cumbra
<b>Fresno</b>	Fresno	Tue	4:00 PM	559-901-0840	Ruben Rojas <i>Lolene Rose</i>
<b>Fresno</b>	Fresno	Tue	5:00 PM	559-901-0840	Ruben Rojas <i>Lolene Rose</i>
<b>Fresno</b>	Fresno	Tue	6:00 PM	559-901-0840	Ruben Rojas <i>Lolene Rose</i>
<b>Humboldt</b>	Eureka	Wed	7:15 PM	707-832-8857	Eric Nelson <i>Caryn Lowe</i>
<b>Kern</b>	Bakersfield	Mon	2:00 PM	661-873-7711	Beatrice Myers
<b>Kern</b>	Bakersfield	Mon	6:00 PM	661-873-7711	Beatrice Myers
<b>Los Angeles</b> <i>(Antelope Valley/ Santa Clarita Valley)</i>	Acton	Mon	5:00 PM	661-273-8869	Adrienne Rodriguez
<b>Los Angeles</b> <i>(Antelope Valley/ Santa Clarita Valley)</i>	Acton	Sat	9:00 AM	661-273-8869	Adrienne Rodriguez
<b>Los Angeles</b> <i>(Glendale)</i>	La Crescenta	Tue	5:00 PM	818-613-6892	<a href="#">Yolanda Tominac</a>
<b>Los Angeles</b> <i>(Glendale)</i>	La Crescenta	Tue	6:15 PM	818-613-6892	<a href="#">Yolanda Tominac</a>
<b>Los Angeles</b> <i>(Long Beach)</i>	Long Beach	Wed	6:30 PM	562-472-4398	Linda Smith
<b>Los Angeles</b> <i>(Long Beach)</i>	Long Beach	Wed	7:30 PM	562-472-4398	Linda Smith
<b>Los Angeles</b> <i>(Long Beach)</i>	Signal Hill	Wed	7:00 PM	562-900-1698	Colleen Bauer
<b>Los Angeles</b> <i>(Westside)</i>	Westchester	Thu	5:30 PM	310-617-1380	Wendy Biggar
<b>Los Angeles</b> <i>(Westside)</i>	Westchester	Thu	6:30 PM	310-617-1380	Wendy Biggar
<b>Los Angeles</b> <i>(San Fernando Valley)</i>	Van Nuys	Thu	6:00 PM	818-786-6632	Shawna Greene

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<b>Los Angeles</b> <i>(San Fernando Valley)</i>	Van Nuys	Thu	7:00 PM	818-786-6632	Shawna Greene
<b>Los Angeles</b> <i>(San Fernando Valley)</i>	Van Nuys	Thu	8:00 PM	818-786-6632	Shawna Greene
<b>Marin</b>	Novato	Mon	5:30 PM	707-953-5868	<a href="#">Cathy Horowitz</a> <i>Donna DiGiorgio</i>
<b>Mendocino</b>	Fort Bragg	Wed	5:30 PM	707-937-2117	Ann Johnson
<b>Orange</b>	Garden Grove	Tue	6:00 PM	714-487-8523	David Baker
<b>Orange</b>	Huntington Beach	Thu	9:00 AM	714-330-7332	Karen Elizabeth
<b>Orange</b>	Laguna Hills	Mon	5:00 PM	714-487-8523	David Baker
<b>Orange</b>	Laguna Hills	Mon	6:10 PM	714-487-8523	David Baker
<b>Orange</b>	Santa Ana	Sat	9:00 AM	714-887-3816	Angelika Panova
<b>Orange</b>	Santa Ana	Sat	10:00 AM	714-887-3816	Angelika Panova
<b>Placer</b>	Lincoln	Tue	4:30 PM	916-300-0592 530-277-9118	<a href="#">Mary Hegarty</a> <a href="#">Sean Ely</a>
<b>Placer</b>	Lincoln	Tue	5:30 PM	916-300-0592 530-277-9118	<a href="#">Mary Hegarty</a> <a href="#">Sean Ely</a>
<b>Riverside</b>	Palm Springs	Mon	5:30 PM	760-219-5640	Terri Schmidt <i>Peggy Murgo</i>
<b>Riverside</b>	Riverside	Fri	6:30 PM	714-887-3816	Angelika Panova
<b>Riverside</b>	Temecula	Thu	5:00 PM	714-487-8523	David Baker
<b>Riverside</b>	Temecula	Thu	6:10 PM	714-487-8523	David Baker
<b>Riverside</b>	Temecula	Thu	7:15 PM	714-487-8523	David Baker
<b>Sacramento</b>	Elk Grove	Thu	6:00 PM	916-501-1907	Frank Hall
<b>Sacramento</b>	Folsom	Wed	4:30 PM	916-300-0592	Mary Hegarty
<b>Sacramento</b>	Folsom	Wed	5:30 PM	916-300-0592	Mary Hegarty
<b>Sacramento</b>	Sacramento	Mon	5:30 PM	916-390-7232	Tracy Folden
<b>Sacramento</b>	Sacramento	Mon	6:30 PM	916-365-5314	Carol Higginson
<b>San Bernardino</b>	Rancho Cucamonga	Tue	6:00 PM	951-640-9409	Jan Fagerquist <i>Tom Chronis</i>
<b>San Bernardino</b>	Rancho Cucamonga	Wed	5:00 PM	909-915-5653	Anne Thompson <i>Tom Chronis</i>
<b>San Bernardino</b>	Rancho Cucamonga	Wed	6:00 PM	909-915-5653	Anne Thompson <i>Tom Chronis</i>
<b>San Bernardino</b>	San Bernardino	Tue	4:30 PM	909-633-3364	Christine Sutter <i>Michelle McNevin</i>
<b>San Bernardino</b>	San Bernardino	Tue	5:30 PM	909-633-3364	Christine Sutter <i>Michelle McNevin</i>

\*combined professionals peer support

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COUNTY	CITY	DAY	TIME	PHONE	FACILITATOR <i>Co-facilitator(s)</i>
San Diego	Encinitas	Mon	8:30 AM	760-613-4547	Tamara Briles Sandra Boller-Bilbrey Fred Murray
San Diego	La Mesa	Thu	5:00 PM	619-972-5476	<a href="#">Elaine Bradley</a> Joann Szabo
San Diego	La Mesa	Thu	6:15 PM	619-972-5476	<a href="#">Elaine Bradley</a> Joann Szabo
San Diego	San Diego	Mon	5:30 PM	619-481-1303	Fred Murray Sandra Boller-Bilbrey Tamara Briles
San Diego	San Diego	Thu	1:00 PM	619-971-9128	Sandra Boller-Bilbrey Fred Murray Tamara Briles
San Diego	San Diego	Tue	5:00 PM	619-884-9145	Sharon Fritz
San Diego	San Diego	Wed	1:00 PM	619-884-9145	Sharon Fritz
San Diego	San Diego	Tue	8:00 AM	858-433-8751	Darryl Moore
San Francisco	San Francisco	Thu	6:30 PM	415-312-3300 415-706-0207	Russ Muller Leah Monterrosa
San Luis Obispo	Pismo Beach	Thu	5:30 PM	909-435-5718	Barbara Egan
San Mateo	Redwood City	Wed	5:00 PM	650-630-5093	Robin Love Paula Presley
Santa Clara	San Jose	Tue	4:00 PM	415-320-2152	Bret Barker Ellen Sangimino Denis Paulo-Colaci Kathy McKennan
Santa Clara	San Jose	Tue	5:30 PM	415-320-2152	Bret Barker Ellen Sangimino Denis Paulo-Colaci Kathy McKennan
Santa Clara	San Jose	Wed	9:30 PM	415-320-2152	Bret Barker Ellen Sangimino Denis Paulo-Colaci Kathy McKennan
Santa Cruz	Aptos	Thu	5:30 PM	831-325-4243	<a href="#">Norma Childs</a> Bolin, Allison
Santa Cruz	Aptos	Thu	6:30 PM	831-325-4243	<a href="#">Norma Childs</a> Bolin, Allison
Shasta	Shasta Lake City	Wed	5:30 PM	530-605-5254	Sheila O'Sullivan Brigitte Robertson
Siskiyou	Mount Shasta	Wed	11:00 AM	530-917-7959	Brigitte Robertson

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<b>Solano</b>	Vallejo	Thu	6:00 PM	707-953-5868	<a href="#">Cathy Horowitz</a> <i>Michelle Purdy</i>
<b>Sonoma</b>	Petaluma	Thu	9:00 AM	707-480-0105	Juli Peterson-Lee
<b>Sonoma</b>	Petaluma	Wed	9:00 AM	707-480-0105	Juli Peterson-Lee
<b>Stanislaus</b>	Modesto	Tue	3:00 PM	209-604-4000	<a href="#">Ann McGuire</a> <i>Debra McDowell</i>
<b>Stanislaus</b>	Modesto	Tue	5:00 PM	209-604-4000	<a href="#">Ann McGuire</a> <i>Debra McDowell</i>
<b>Stanislaus</b>	Modesto	Tue	6:30 PM	209-604-4000	<a href="#">Ann McGuire</a> <i>Debra McDowell</i>
<b>Tulare</b>	Visalia	Mon	6:00 PM	559-967-6591	Lolene Rose <i>Ruben Rojas</i>
<b>Ventura</b>	Ventura	Mon	6:00 PM	805-807-6047	John Lewis <i>Judith McDonald</i>
<b>Ventura</b>	Simi Valley	Thu	9:30 AM	805-630-0440	Bette Kackert <i>Camille Silberstern</i>